

# Erev Shabbat with Beth-El Zedeck

## April 16, 2021 • 5 Iyar 5781



### Blessing the Children

#### For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

#### For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah*

#### For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekh Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

*Ya'eir Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

*Yisa Adonai panav eilekha v'yaseim l'kha shalom*



## Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu*  
*M'kor ha-b'rakha l'imoteinu*  
May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen*.

*Mi shebeirach imoteinu*  
*M'kor ha-b'rakhah la-avoteinu*  
Bless those in need of healing with *r'fuah sh'leimah*,  
The renewal of body, the renewal of spirit,  
And let us say: *Amen*



## Yerushalayim Shel Zahav

By Naomi Shemer

*Avir harim tzalul kayayin v'rei'ach oranim,*  
*Nisa b'ru'ach ha'arbayim im kol pa'amonim.*  
*Uv'tardemat ilan va'even shvuyah bachalomah,*  
*Ha'ir asher badad yoshevet u'v'libah chomah.*

### **Refrain:**

*Yerushalayim shel zahav*  
*v'shel n'choshet v'shel or*  
*Halo l'chol shirayich ani kinor (2x)*

The olive trees that stand in silence upon the hills of time,  
To hear the voices of the city as bells of evening chime.  
The shofar sounding from the Temple to call the world to prayer,  
The shepherd pauses in the valley and peace is everywhere.

### **Refrain**



## Counting the Omer

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו על ספירת העומר.

*Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav  
vitzivanu al sefirat ha'omer.*

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

היום עשרים יום שהם שני שבועות וששה ימים לעומר

*Hayom esrim yom shehem sh'nei Shavuot v'shishah yamim la-omer.*

Today is the twentieth day of the *omer*.



## Mitzvah Goreret Mitzvah

Music by Andy Vogel

*Mitzvah goreret mitzvah.  
Avodah goreret aveirah.  
Mitzvah goreret mitzvah,  
Goreret mitzvah, ya la la la la.*

*Lih'yot tzadik zeh tov, zeh tov.  
Lih'yot Tzadik zeh tov m'od!*

One *mitzvah* leads to another. One misdeed leads to another.  
To be righteous is very good!

(Pirkei Avot 4:2)

