

Erev Shabbat with Beth-El Zedeck
November 20, 2020 • 5 Kislev 5781



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu

M'kor ha-b'rakha l'imoteinu

May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

Mi shebeirach imoteinu

M'kor ha-b'rakhah la-avoteinu

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Bein' Green—B'tzelem Elohim

By Joe Raposo; arr. by Cantor Melissa Cohen

It's not easy bein' green.
Even though we are all created *B'tzelem Elohim*,
And people tend to pass you over 'cause you're not blending in
Like so many other ordinary things.

But green is the color of spring.
And green can be cool and friendly-like.
And green can be big like an ocean,
Or important like a mountain,
Or tall like a tree.

When green is all there is to be,
Eh'yeh asher eh'yeh
Hineini, I'm here,
I'm green, I am that I am.
It's beautiful, *zeh tov*,
And I think it's what I'm meant to be.



Let There Be Love—Hashkiveinu

Music by Noah Aronson, Jodi Sufrin, & Dan Singer

English text by Chaim Stern

Let there be love and understanding among us.
Let peace and friendship be our shelter from life's storms.
Hashkiveinu Adonai Eloheinu, Hashkiveinu l'shalom.

