

**Erev Shabbat with Beth-El Zedeck**  
**November 6, 2020 • 20 Heshvan 5781**



**Blessing the Children**

**For our sons:**

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

**For our daughters:**

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah*

**For our children and families:**

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekh Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

*Ya'eir Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

*Yisa Adonai panav eilekha v'yaseim l'kha shalom*



## Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu  
M'kor ha-b'rakha l'imoteinu*  
May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen*.

*Mi shebeirach imoteinu  
M'kor ha-b'rakhah la-avoteinu*  
Bless those in need of healing with *r'fuah sh'leimah*,  
The renewal of body, the renewal of spirit,  
And let us say: *Amen*



## Eli, Eli (Halicha l'Kesaria)

Words by Hannah Szenes/Music by David Zehavi

Eli, Eli, she-lo yigamer l'olam:  
*Ha-chol v'ha-yam, rishrush shel ha-mayim  
B'rak ha-shamayim, t'filat ha-adam. (2x)*

My God, My God, I pray that these things never end:  
*The sand and the sea, the rush of the waters  
The crash of the heavens, the prayer of the heart. (2x)*



**Hannah Szenes Z"l (1921-1944)**



## **Olam Chesed Yibaneh**

By Rabbi Menachem Creditor

*Olam Chesed Yibaneh...yai lai lai...*

I will build this world from love  
You must build this world from love  
We must build this world from love  
Then God will build this world from love

*(based on Psalm 89:3)*

