

Erev Shabbat with Beth-El Zedeck

August 21, 2020 • 2 Elul 5780



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'eir Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yaseim l'kha shalom



Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu
M'kor ha-b'rakha l'imoteinu*
May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

*Mi shebeirach imoteinu
M'kor ha-b'rakhah la-avoteinu*
Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body, the renewal of spirit,
And let us say: *Amen*



Lirdof Tzedek—*Blessing for Social Justice*

By Jeff Klepper

*Baruch Atah Adonai, Eloheinu Melech ha-olam,
Asher kid'shanu b'mitzvotav v'tzivanu lirdof tzedek.*

Praised be the One who has commanded us to
Look around and challenge what we see,
To chase after righteousness and justice,
To make this world a better place to be.

*Tzedek Tzedek Tirdof (2x)
L'ma'an tichyeh, tzedek tzedek tirdof.*



Justice, justice shall you pursue, that you may thrive!

(Deuteronomy 16:20)



Od Yishama

By Shlomo Carlebach

Od yishama b'arei Y'hudah
Uv'chutzot, uv'chutzot Y'rushalayim (2x)
Kol sason v'kol simchah, kol chatan v'kol kallah (2x)

*There shall yet be heard in the cities of Judah,
And the outskirts of Jerusalem
The sounds of gladness and joy,
The voice of bridegroom and bride.*

(Jeremiah 33:10-11)

