

# Erev Shabbat with Beth-El Zedeck

## July 31, 2020 • 11 Av 5780



### Blessing the Children

#### For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

#### For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simeikh Elohim k'Sarah, Rivka, Rachel, v'Leah*

#### For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekha Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

*Ya'eir Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

*Yisa Adonai panav eilekha v'yaseim l'kha shalom*



## Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu*

*M'kor ha-b'rakha l'imoteinu*

May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: *Amen*.

*Mi shebeirach imoteinu*

*M'kor ha-b'rakhah la-avoteinu*

Bless those in need of healing with *r'fuah sh'leimah*,  
The renewal of body, the renewal of spirit,  
And let us say: *Amen*



## Hashiveinu

Folk Melody

Hashiveinu Adonai eilecha, v'nashuvah.  
Chadesh yameinu k'kedem.

*Help us to return to You, O God, then truly shall we return.  
Renew our days as in the past.*

*(Lamentations 5:21)*





## **V'haeir Eineinu**

Music by Rabbi Shlomo Carlebach

V'haeir eineinu b'toratecha,  
V'dabek libeinu b'mitzvotcha.  
V'yached l'vaveinu l'ahavah ul'yirah et sh'mecha.  
V'lo neivosh, v'lo nikalem,  
V'lo nikasheil l'olam va'ed.

*Illuminate our vision with Your Torah,  
And cause our hearts to cling to Your mitzvot.  
Unite our hearts to love and treat Your Name with awe,  
That we may never suffer shame or know dishonor,  
That our steps may never fail, until the end of time.*

*(Psalm 86:11)*

