

# Erev Shabbat with Beth-El Zedeck

## June 19, 2020 • 28 Sivan 5780



### Blessing the Children

#### For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה

*Y'simkha Elohim k'Ephraim v'khi-Menashe.*

#### For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

*Y'simekh Elohim k'Sarah, Rivka, Rachel, v'Leah*

#### For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

*Y'varekhekh Adonai v'yishm'rekha*

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

*Ya'er Adonai panav eilekha vichuneka*

May God show you kindness and grant you peace.

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

*Yisa Adonai panav eilekha v'yasem l'kha shalom*



# That You May Remember

By Debbie Friedman

*L'ma'an tizk'ru va'asitem et kol mitzvotai  
Vi'hi'tem k'doshim l'eloheichem  
Ani Adonai Eloheichem emet, eloheichem emet...*

That you may remember and do all of My commandments  
And be holy unto your God, unto your God, unto your God.

**(Numbers 15:40)**



## Healing Prayers

Music by Debbie Friedman

*Mi shebeirach avoteinu  
M'kor ha-b'rakha l'imoteinu  
May the Source of strength,  
Who blessed the ones before us,  
Help us find the courage to make our lives a blessing,  
And let us say: Amen.*

*Mi shebeirach imoteinu  
M'kor ha-b'rakhah la-avoteinu  
Bless those in need of healing with r'fuah sh'leimah,  
The renewal of body,  
The renewal of spirit,  
And let us say: Amen*



# Od Yishama

By Shlomo Carlebach

Od yishama b'arei Y'hudah  
Uv'chutzot, uv'chutzot Y'rushalayim (2x)  
Kol sason v'kol simchah, kol chatan v'kol kallah (2x)

*There shall yet be heard in the cities of Judah,  
And the outskirts of Jerusalem  
The sounds of gladness and joy,  
The voice of bridegroom and bride.*

**(Jeremiah 33:10-11)**

