

Erev Shabbat with Beth-El Zedeck

April 10, 2020 • 17 Nisan 5780



Blessing the Children

For our sons:

May you be like Ephraim and Menashe.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

Y'simkha Elohim k'Ephraim v'khi-Menashe.

For our daughters:

May you be like Sarah, Rebecca, Rachel, and Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

Y'simekh Elohim k'Sarah, Rivka, Rachel, v'Leah

For our children and families:

May God bless you and protect you.

יְבָרְכֶךָ יְהוָה וַיִּשְׁמְרֶךָ

Y'varekhekha Adonai v'yishm'rekha

May God show you favor and be gracious to you.

יָאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנֶנֶךָ

Ya'er Adonai panav eilekha vichuneka

May God show you kindness and grant you peace.

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שָׁלוֹם

Yisa Adonai panav eilekha v'yasem l'kha shalom



Healing Prayers

Music by Debbie Friedman

Mi shebeirach avoteinu

M'kor ha-b'rakha l'imoteinu

May the Source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say: *Amen*.

Mi shebeirach imoteinu

M'kor ha-b'rakhah la-avoteinu

Bless those in need of healing with *r'fuah sh'leimah*,
The renewal of body,
The renewal of spirit,
And let us say: *Amen*



Counting the Omer

ברוך אתה יי אלהינו מלך העולם, אשר קדשנו במצותיו, וצונו על ספירת העומר.

*Baruch atah Adonai Eloheinu melech ha'olam asher kid'shanu b'mitzvotav
vitzivanu al sefirat ha'omer.*

Blessed are You, Adonai our God, Ruler of the universe, who sanctifies us with mitzvot, and commands us concerning the counting of the Omer.

היום שני ימים לעומר.

Hayom sh'nei yamim la-omer.

Today is the second day of the *omer*.



Lo Alecha (Pirkei Avot 2:16, 15)

Music by Jeff Klepper and Dan Frelander

*Lo alecha ham'lacha ligmor,
Lo alecha ligmor. (2x)*

*V'lo ata ben chorin l'hibateil mimena,
V'lo ata ben chorin. (2x)*

It is not your duty to complete the work, neither are you free to desist from it.

